



Conversation Convoy

Locals Know Best WORKSHOPS

**You're
invited**

The R U OK? message is helping people in communities across Australia forge connections and have meaningful conversations to support others who might be struggling with life's ups and downs.

You're invited to a free workshop to talk about ways to build an R U OK? culture in your community.

Location: _____

Date: _____

Time: _____

RSVP: _____

